

## Food and Nutrition

FNUT 225 4 Credits  
NUTRITION

Quarters: Summer, Fall, Winter, Spring

Examines the basic principles and practices which comprise the science of nutrition. Studies the effect of food and nutrient intake on the body. Examines retention of nutrients and food substances during processing, the role of digestion and absorption, and components of an adequate diet. Includes scientific research paper on therapeutic nutrition and 5 day Dietary Analysis. Some sections may have a low-cost text book option.

## Forestry

FOR 111 3 Credits  
INTRODUCTION TO FORESTRY

Quarters: Fall, Spring

This course will serve as a broad overview of the forestry discipline. Topics covered will range from importance of forest, forest recreation, forest management, forest wildlife, forest measurement, and other forest uses. Students will be exposed to current issues in forestry with particular focus on Oregon and the Pacific Northwest. Students will also learn through field trips to local forested regions.

## Forestry Wildland and Range

FWR 101 (P/T) 1 Credit  
NATURAL RESOURCES SEMINAR

Quarters: Fall

Provides information and self-evaluation in areas of goal setting, educational planning, student activities, electronic student accounts, study skills, and successful navigation of the college system. Emphasizes academic and career plans for students interested in Natural Resources.